



**Thank you for being a part of our community!**

We hope that all of you are staying safe as we move through the pandemics plaguing our society. While times are rough, let's all continue to take care of our physical and mental health. We have been fortunate to continue creating throughout 2020. Keep scrolling for new articles, virtual & outdoor classes, and an educational virtual concert presented by New York's Lincoln Center! More exciting events to come, so stay tuned.

**Wear a mask & keep each other safe. La Lucha Sigue!!**

*Vanessa Sanchez y La Mezcla*

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## **The Lincoln Center Presents La Mezcla's Virtual Concert for Kids**



## [Youtube Video Link](#)

We are very happy to announce that The Lincoln Center has commissioned Vanessa Sanchez and La Mezcla to create a dance and music performance for the #LincolnCenterAtHome series! This special performance features original rhythmic choreography, traditional Mexican sones, and percussive patterns that will get your hands and feet moving for justice. While this video is geared towards 5-10 year olds, everyone will enjoy it! [Click here for full page & details.](#)

**Please feel free to share this video far and wide!**

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## Vanessa Sanchez is featured in a Dance/USA article

**ILUMINANDO HISTORIAS OLVIDADAS**

Vanessa Sánchez se enamoró de la danza a los cuatro años y cuando era adolescente comprendió que la danza era el centro de su vida. Quizás eligió bailar en lugar de jugar béisbol, entre todas las cosas, ya que pudo distinguir entre un entretenimiento alegre y una pasión por la vida. Los sonidos de Santana y otras bandas de rock latino condimentaron el ambiente en la casa de su infancia en San Francisco. Quiere llamar la atención a las voces de las mujeres indígenas y chicanas, mediante las narrativas de danza y el vocabulario de movimiento que surgen desde lo más profundo de las comunidades y que explotan en el escenario para deleitar y desafiar al público.



Sánchez nombra a la coreógrafa afro-brasileña Tania Santiago, a la coreógrafa afrocubana Susana Arenas Pedroso y a la maestra mexicana del son jarocho Laura Reboloso como sus principales mentoras. Son jarocho, con su enfoque de percusión a varios instrumentos de cuerda, canto antifonal y juego de pies sincopado, resalta la influencia africana a veces olvidada en la cultura mexicana. De

La Mezcla de Sánchez es un conjunto rítmico multidisciplinario que mezcla el taconear americano y zapateado, en un inter-

Vanessa Sánchez es una bailarina chicana

**Dance Is the Weapon for Social Justice**, by Umi Vaughan, Ph.D, features Vanessa Sanchez alongside amazing artists Danys "La Mora" Perez Prades and Ana Maria Alvarez. This article is part of a series examining the creative works of 31 dance artists funded by Dance/USA Fellowships to Artists. **También está disponible en español!**

[English Article](#) [El Artículo en Español](#)

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## Workshops & Classes

Proceeds from these classes will be donated to farmworkers who continue to work to keep us fed during this pandemic.



**ONGOING** Virtual Absolute Beginner Tap Class- Wednesdays 3:30-4:20pm

**ONGOING** Virtual Beginner Tap Class- Wednesdays 4:30- 5:20pm

**Virtual Intermediate Tap Choreography Workshop**- on ZOOM 11/28, 12-1pm

**Outdoor Beginner Tap Class** @ Douglass Playground in SF- 12/5 @ 10-11am

Email to reserve a tap board in advance! [Click here for more info & to register](#)



And make sure you're following us on Social Media for the weekly 20 min

core workout led by Vanessa Sanchez! **FREE!**

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## **Vanessa Sanchez received funding from CCI!**

The Center for Cultural Innovation (CCI) has awarded Vanessa Sanchez the *Investing in Artists* grant for her upcoming work (2022) “Ghostly Labor,” featuring La Mezcla and set to premiere @ Brava Theater. [Click here for the press release.](#)

### **Grant Resources & Opportunities**

- The California Arts Council seeks grant review panelists. PAID! [Click here.](#)
    - ACTA Living Cultures grant is due 12/8! [Click here.](#)
  - San Francisco Arts Commission grant applications are due soon! [Click here.](#)
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## **Follow La Mezcla on Social Media!!**

You'll get all the videos, photos, event announcements & behind the scene footage there first

**Facebook-** [La Mezcla](#)

**Instagram-** [@LaMezclaSF](#)

[Subscribe to our YouTube Channel](#)

Thank you for your support. We would love to hear from you! Please leave us a comment on our FB or IG to let us know how you're doing! Abrazos!

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